### **YMCA Tidal Wave Swim Team**

# SPEED SKILLS & SMILES

### Sign-up Today

- **★ 1<sup>st</sup> Wave Registration Closes Monday 5/6**
- \* Registration will remain open if roster doesn't fill up
- ★ Level Assessment 5:00 7:00 Tuesday 5/7
  - \* Returning Members do NOT attend
  - \* New Team Members must attend the Assessment
  - **★ Assessment is a "Come & Go" event**
- ★ 5/11 Parent/Swimmer Meeting @ 10:30 AM

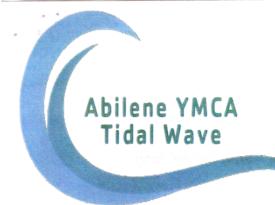
#### **General Info**

- Fun, Energetic & Competitive Swimming
- 3 Easy Payments
  - \$75 per month for Y Families
  - \$100 per month for Non-Members
- \$35 One Time Fee (New Members Only)
- Ages 5-18 years old
- Register at Either Y Location



For More Information Contact:

Joe Roberts \* JROBERTS@ABILENEYMCA.ORG



#### **OUR GOAL**

Our goal is to create a fun yet challenging Swim Team for various ages ranging from 5-18 year olds. It's our desire that our Tidal Wave swim team members have fun, push themselves and ultimately, become strong confident swimmers!

#### **Meet Our Coach**

Kelly McNamee will coach our Tidal Wave Swim Team. Kelly was born and raised in Colleyville, Texas, where she attended L.D. Bell High School. After high school, Kelly attended McMurry University and graduated early with a Multimedia and Graphic Design degree in 2016! While at McMurry, she was on the War Hawk swim team as well. Currently, besides coaching at the Y and teaching swim lessons, she is the head swim coach for AISD!

#### **Swim Team Overview**

Tidal Wave Swim Team is a YMCA swimming program for members and non-members. We will have 2 separate seasons per year and each season will last for 3 months. Before each season we will offer an assessment(s) date. At these assessments our coaches will place each Tidal Swim Team member into 1 of 4 groups. (*group practice schedule listed*)

#### **Payment Information:**

- \$35 One Time Fee (New Tidal Wave Members Only)
- Cost: 3 Easy Monthly Payments (Total of 3 Payments)
  - \$75 per Month for Y Members (Monthly Draft Required)
  - \$100 per Month for Non-Members (Monthly Draft Required)

#### **General Information:**

- Practices will be Monday Friday (Practice Day(s) depend on Assessment)
- Practices will be held at the Redbud Y
- Swimmers are expected to be at every practice
- Swimmers are responsible for their own goggles, towels and fins
- Tidal Wave Swim Team registration includes; Coaching fees, Uniform, Entry Fees for Y Meets, 1 TW T-shirt and 1 TW Swim Cap
- Tidal Wave Swim Team fee does NOT include; registration fee for USA Swim program, personal travel expenses, motel fees or food cost
- Parent(s) must attend the meet with their Tidal Wave swimmer

#### **Equipment Needed:**

Bag, Fins, Goggles, Towels, Pull Buoy & Suits

#### Season 2 Overview:

- The second season will be from 5/14 7/18
- Practice will be basically 23 sessions
- 5/7 Tuesday: Team Assessment will be from 5-7 at Redbud Pool (new team members only/come & go)
- 5/11 Saturday: 10:30 AM Parent Meeting (ALL Swim Team Members)
- Practices Begin Monday the week of 5/13
- Level 1 & 2: Practice Mondays & Wednesdays 6:00 6:45
- Level 3: Practice Tuesdays & Thursdays 5:00 6:00
- Level 4: Practice Tuesdays, Thursdays & Fridays 6:00 7:00
- TBD: First Meet
- TBD: Second Meet
- TBD: End of Season Party at PrimeTime

#### **Assessments**

All students that register for Tidal Wave Swim Team will automatically be on the team. Our coaches will determine which group / practice time each swimmer will be placed in after each assessment. At the assessment the coaches will take 3 swimmers at a time to work with them. Once your swimmer completes the assessment you will be free to leave.

#### **Tidal Wave Refund Policy**

There will be NO refunds given except for relocation or a medical issue.

## Tidal Wave Swim Team Registration Form Register in Person at either YMCA

Please Print Neatly			
Child's Name			
Address	City	Zip	
Gender Male / Female Age Grade	Were you on the Sw	Were you on the Swim Team before?	
		Phone Number	
Email Address			
Secondary Contact	Phoi	Phone Number	
Note: There is a one-time fee of \$35 for Members from Season 1 are exempt from Shirt Size YXS YS YM YL YXL AS AN	om the one-time fee		
Swim Suit Size: Female Suit Size:	Male Suit Size: Sizes 22 - 34 Number		
Skill Level: Beginner Intermediate Circle One		ar swimmer: 1 2 3 4 5 swimmer & 5 – SKILLED swimmer)	
Season 2 Assessment will be 5:00 – 7:0 Returning Tidal Wave Members ExemptNEW Sv			
Swim Team Assessments: All students the team. Our coaches will place each team me			
YMCA REFUND POLICY & WAIVE	R		
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or damages sustained by me or any party to			
except for relocation or medical reasons upon	the state of the s	3	
Signature:(Parent or guardian)		Date	
(Parent or guaraian)			
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